SECOND ANNOUNCEMENT

THE 7th SINGAPORE INTERNATIONAL CONGRESS of O&G
Integrating Basic Science into the Art of Obstetrics and Gynaecology

26-29 August 2009
Marina Mandarin Singapore
www.sicog2009.com

Organized by Obstetrical and Gynaecological Society of Singapore
Key Partners in Education as of May 2009

The 7th Singapore International Congress of Obstetrics and Gynaecology Organizing Committee gratefully acknowledges our key partners in education. It is through their support and assistance that we are able to further our goal of advancing obstetrics and gynaecology worldwide.

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Chairman’s Message

Greetings from Singapore!

It is our great pleasure to welcome you to participate in the 7th Singapore International Congress of Obstetrics and Gynaecology. This Congress is now into its 7th Biennial Meeting and has grown from its infancy to become the premier regional congress in the field of obstetrics and gynaecology. At our last congress, we attracted an attendance of more than 400 participants coming from more than 30 countries and 5 continents. We hope to expand this year’s Congress even further and endeavour to put forth a well balanced programme that will cater to the generalist and sub-specialist alike.

The theme for the 7th Singapore International Congress of Obstetrics and Gynaecology is “Integrating Basic Science into the Art of Obstetrics and Gynaecology”. The practice of clinical medicine no doubt is an art, but this must be developed with a good understanding of the sciences that are involved and are evolving.

This year’s congress will feature pre-congress workshops in many areas such as labour ward emergencies, ultrasound, urogynaecology, laparoscopy, hysteroscopy, colposcopy, surgical anatomy and so on. The main congress itself will encompass many of the latest updates in the areas of maternal fetal medicine, urogynaecology, oncology, infertility, endocrinology, anti-aging and many more areas.

As for our sunny island of Singapore, few need any further introduction. Besides being known as a shoppers’ paradise and famed for her hospitality, we promise an international choice of food cuisine and a host of attractions in Singapore as well as around the region.

It will be a great chance for us to make new friends, network, catch up with old friends as well as soak up the tropical atmosphere of this vibrant city. We look forward to seeing you in August 2009.

Yours sincerely,

Dr Yoke-Fai Fong
Chairman
7th SICOG

Dr Tony Tan
Vice Chairman
7th SICOG
Organized by

Obstetrical and Gynaecological Society of Singapore
Unit 8K38, Women’s Tower Level 8, KK Women’s & Children’s Hospital, 100 Bukit Timah Road, Singapore 229899
Tel: (65) 62951383 Fax: (65) 62991969 Email: ogss@pacific.net.sg
### Faculty

**Australia**
- Anne CLARK - Fertility First
- Nicholas FISK - University of Queensland
- Ian HAMMOND - University of Western Australia
- Mark KIRKLAND - University of Melbourne
- Jiwan SINGH – SurgiTools

**Canada**
- Gail Erlick ROBINSON - Toronto General Hospital

**France**
- Antoine WATRELOT - Centre de Recherche et d’Etude de la Stérilité

**Germany**
- Rudy Leon DE WILDE - Pius Hospital

**India**
- Kurian JOSEPH - Joseph Nursing Home
- Shallesh PUNTEMBEKAR - Galaxy Laparoscopy Institute

**Japan**
- Yuji MURATA - Osaka University

**Malaysia**
- T P BASKARAN - Hospital Kuala Lumpur

**Philippines**
- Walfrido W. SUMPAICO - Manila Central University

**Singapore**
- Pratibha AGARWAL - KK Women’s and Children’s Hospital
- E P BALAJI - KK IVF Centre
- Arijit BISWAS - National University Hospital
- Kenneth CHANG - KK Women’s and Children’s Hospital
- Jing Jye CHEE - KK Women’s and Children’s Hospital
- Helen CHEN - KK Women’s and Children’s Hospital
- Samuel CHONG - National University Hospital
- Yap Seng CHONG - National University Hospital
- Mahesh CHOOLANI - National University Hospital
- Sebastian CHUA - Singapore General Hospital
- Natalie Ann EPTON - KK Women’s and Children’s Hospital
- Choo Beng GOH - GlaxoSmithKline
- Fang HUANG - KK Women’s and Children’s Hospital
- Devendra KANAGALINGAM - Singapore General Hospital
- Wee KANG - KK Women’s and Children’s Hospital
- Serena KOH - Ministry of Health
- Asok KURUP - Singapore General Hospital
- Angeline LAI - KK Women’s and Children’s Hospital
- Fon Min LAI - Camden Medical Centre
- Lai Heng LEE - Singapore General Hospital
- Bing LIM - Institute of Medical Biology
- Diana LIM - National University Hospital
- Sheila LOH - Raffles Hospital
- Alex OOI - Mount Elizabeth Hospital
- Lydia SEOW - Nanyang Polytechnic
- Gervan SHEN - KK Women’s and Children’s Hospital
- Anthony SLOW - KK Women’s and Children’s Hospital
- Yong Peng SWEE - Parkway Shenton Singapore
- Jackie TAN - Tan Tock Seng Hospital
- Ju Le TAN - Singapore General Hospital
- Lay Kok TAN - Singapore General Hospital
- Tony TAN - Raffles Hospital
- Yew-Ghee TAN - Raffles Hospital
- Arthur TSENG - KK Women’s and Children’s Hospital
- Sheila VASOO - National University Hospital
- George YEO - KK Women’s and Children’s Hospital
- Ee Leong YONG - National University Hospital
- Su Ling YU - Singapore General Hospital
- THILAGAMANGAI - KK Women’s and Children’s Hospital

**Switzerland**
- Sinuhue HAHN - University of Basel

**The Netherlands**
- Julien DONY - Dutch Navy Hospital “Gemini”
- Nick MACKLON - University Medical Centre Utrecht
- Peter VAN DER WEIJER - Gelre Teaching Hospital

**USA**
- Arnold ADVINCULA - University of Michigan
- John DELANCEY - University of Michigan Medical School
- Gregory FOSSUM - Jefferson Center for Women’s Medical Specs - Reproductive Endocrinology
- Charles KOH - Columbia St Mary’s
- Gregory MAINE - Abbott Diagnostic Division
- Anita NELSON - David Geffen School of Medicine

### Presidents of Regional Societies / Colleges
- Sayeba AKHTER - Obstetrical and Gynaecological Society of Bangladesh
- Lourdes BLANCO-CAPITO - Philippine Obstetrical & Gynaecological Society
- Malik GOONEWARDENE - Sri Lanka College of Obstetricians & Gynaecologists
- Pak Chung HO - Asia & Oceanic Federation of Obstetrics & Gynaecology
- Suwachai INTARAPRASERT - The Royal Thai College of Obstetricians and Gynaecologists
- Siu Keung LAM - Obstetrical & Gynaecological Society of Hong Kong
- Nguyen Thi Ngoc PHUONG - Ho Chi Minh City Society for Reproductive Medicine
- C N PURANDARE - The Federation of Obstetrics & Gynaecological Societies of India
- Shershah SYED - Society of Obstetricians & Gynaecologists of Pakistan
- Edward WEAVER - Royal Australian and New Zealand College of Obstetricians and Gynaecologists
- Noroyono WIBOWO - Indonesian Society of Obstetrics & Gynaecology
### 26 August, Wednesday

**Opening Ceremony & Inaugural Lecture**  
*Sponsored by: Genzyme Singapore*

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
</table>
| 1900  | "The Importance of Having an Evidence-Based Adhesion Prevention Strategy"  
Gregory FOSSUM, USA |

### 27 August, Thursday

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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</thead>
</table>
| 0900   | **Symposium 1 : Fetal Screening**  
First Trimester Screening – What’s the Latest?  
Tony TAN - Singapore  
The New 20-Week Scan  
Fon Min LAI - Singapore  
Screening for Genetic Syndromes  
Angeline LAI - Singapore  
Fetal Screening in 2020  
George YEO - Singapore  
Q & A                                                                 |
|        | **Symposium 2 : Oncology**  
Getting it Right (And Wrong) in Gynaecologic Oncology  
Ian HAMMOND - Australia  
Routine Laparoscopic Radical Hysterectomy : Pune Technique  
Shailesh PUNTEMBEKAR - India  
PANEL SESSION  
What Pathologists REALLY Want : Minimum Tissue Requirements for the Reliable Histopathological Diagnosis of Gynaecological Malignancy  
Sung Hock CHEW - Singapore  
Soo Kim LIM & TAN - Singapore  
Ian HAMMOND - Australia  
Diana LIM - Singapore  
Shailesh PUNTEMBEKAR - India                                                                 |
| 1030   | Tea Break                                                                                                                                |
| 1100   | **Keynote Lecture 1 : Obstetrics**  
How the Pharmaceutical Industry Has Failed Obstetrics – Past, Present And Future  
Nicholas FISK - Australia                                                                 |
| 1200   | **Lunch Symposium 1**  
*Sponsored by: Bayer (South East Asia)*                                                                 |
| 1400   | **Symposium 3 : Prenatal Diagnosis**  
Same-Day Prenatal Diagnosis  
Mahesh CHOOLANI - Singapore  
Non-Invasive Prenatal Diagnosis – Are We Getting Closer?  
Sinuhue HAHN - Switzerland  
Intrauterine Therapy for Genetic Disease – The Last Frontier  
Nicholas FISK - Australia  
Q & A                                                                 |
| 1400   | **Symposium 4 : Genetics in Reproduction**  
Pre-Conception Genetic Screening of Oocytes and Embryos – Results and Implications  
E P BALAJI - Singapore  
Pre-Implantation Genetic Diagnosis – Studying all Chromosomes – Is More Better?  
Samuel CHONG - Singapore  
ICSI Babies - Fetal Anomalies and Neurodevelopmental Issues  
Pratibha AGARWAL - Singapore  
Q & A                                                                 |
| 1530   | **Minimally Invasive Surgery Video Master-Class**  
Experts will showcase their surgical videos in this session                                                                 |
| 1530   | Tea Break                                                                                                                                |
### 27 August, Thursday (continued)

<table>
<thead>
<tr>
<th>Time</th>
<th>Symposium 5: Multiple Pregnancies</th>
<th>Symposium 6: Minimally Invasive Surgery</th>
</tr>
</thead>
</table>
| 1600  | Multiple Pregnancies – Understanding Clinical Presentations From Placental Studies  
Tony TAN - Singapore | Fertiloscopy in Gynaecological Practice  
Antoine WATRELOT- France |
|       | Surveillance of Multiple Pregnancies  
T P BASKARAN - Malaysia | Robotic Surgery is Better for the Surgeon and the Patient  
Arnold ADVINCULA- USA |
|       | Management of Higher Order Multiple Pregnancies  
Arijit BISWAS - Singapore | Single Port Laparoscopic Hysterectomy  
Shalesh PUNTEMBEKAR- India |
|       | Complications from Multiple Pregnancies – A Thing of the Past?  
Nicholas FISK - Australia | Q & A |
|       | Q & A | End |
| 1730  | End | 1830 | GP Dinner Symposium  
Sponsored by: Bayer (South East Asia) |

### 28 August, Friday

<table>
<thead>
<tr>
<th>Time</th>
<th>Symposium 7: Miscarriage</th>
<th>Symposium 8: A New Look at Ovarian Stimulation</th>
<th>Symposium 9: Infections in Pregnancy</th>
</tr>
</thead>
</table>
| 0900  | Genetics in Miscarriages  
Sinuhé HAHN - Switzerland | Principles of Infertility Treatment of Obese Women  
Anne CLARK - Australia | Congenital CMV Infections-Experience in Singapore  
Natalie Ann EPTON - Singapore |
|       | New Thoughts on the Management of Recurrent Miscarriages  
Mahesh CHOOLANI - Singapore | GnRH Antagonists: Role in Superovulation and Intrauterine Insemination  
Sheila LOH – Singapore | New Developments in the Diagnosis and Experimental Treatment of CMV Infection in Pregnant Women  
Gregory MAINE – USA |
|       | Placental and Trophoblast Damage in Recurrent Miscarriages  
Kenneth CHANG - Singapore | Critical Evaluation of Role of LH Supplementation in Ovarian Stimulation  
Nick MACKLON - The Netherlands | HIV Infection in Pregnancy  
Asok KURUP - Singapore |
|       | What if a Woman Starts Bleeding in Early Pregnancy?  
Peter VAN DER WELJER - The Netherlands | Ovarian Stimulation for the Poor Responders  
Anne CLARK - Australia | Q & A |
|       | Q & A | Q & A |
| 1030  | Tea Break |
| 1100  | Keynote Lecture 2: Reproductive Medicine  
From Gamete To Heartbeat: ART in 2020  
Nick MACKLON - The Netherlands |
| 1200  | Lunch Symposium 2  
Sponsored by: Danone Dumex |
### 28 August, Friday (continued)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>1400</td>
<td><strong>Symposium 10:</strong> Obstetrics Medicine 1</td>
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<tr>
<td></td>
<td>Pregnancy in Women with Congenital Heart Diseases</td>
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<td></td>
<td>Ju Le TAN - Singapore</td>
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<td></td>
<td>Thromboprophylaxis in Pregnancy</td>
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<td></td>
<td>Lai Heng LEE - Singapore</td>
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<td></td>
<td>Should We Screen for Thyroid Disease in Pregnancy?</td>
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<td>Walfrido W. SUMPAICO - Philippines</td>
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<td></td>
<td>Use of Oral Hypoglycemics in Pregnancies</td>
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<td></td>
<td>Jackie TAN - Singapore</td>
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<td></td>
<td>Q &amp; A</td>
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<tr>
<td>1530</td>
<td><strong>Tea Break</strong></td>
</tr>
<tr>
<td>1600</td>
<td><strong>Symposium 13:</strong> Obstetrics Medicine 2</td>
</tr>
<tr>
<td></td>
<td>Thrombophilia and Adverse Pregnancy Outcomes</td>
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<td></td>
<td>Lay Kok TAN - Singapore</td>
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<td>SLE and Other Rheumatological Conditions</td>
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<td></td>
<td>Sheila VASOO - Singapore</td>
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<td></td>
<td>Intensive Care Obstetrics</td>
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<td>Sebastian CHUA - Singapore</td>
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<td></td>
<td>Fibroids - We are Not Short of Modalities, So Why is it Still a Problem?</td>
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<td></td>
<td>Arnold ADVINCULA - USA</td>
</tr>
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<td></td>
<td>Mirena in the Treatment of Menorrhagia</td>
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<td>Wee KANG - Singapore</td>
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<td></td>
<td>Q &amp; A</td>
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<tr>
<td>1730</td>
<td><strong>End</strong></td>
</tr>
<tr>
<td>1830</td>
<td><strong>Gala Dinner</strong></td>
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<tr>
<td>Time</td>
<td>Session 1: Labour Management</td>
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<tr>
<td>0800</td>
<td>Crash Caesarean Section in Private Practice&lt;br&gt;Yew-Ghee TAN - Singapore</td>
</tr>
<tr>
<td>0900</td>
<td>Classical Caesarean Section in Modern Obstetrics&lt;br&gt;Devendra KANAGALINGAM – Singapore</td>
</tr>
<tr>
<td>0930</td>
<td>Management of Placenta Accreta&lt;br&gt;Jing Jye CHEE - Singapore</td>
</tr>
<tr>
<td>1015</td>
<td>The Natural Caesarean Section&lt;br&gt;Nicholas FISK - Australia</td>
</tr>
<tr>
<td>1030</td>
<td>Q &amp; A</td>
</tr>
<tr>
<td>1045</td>
<td>Tea Break</td>
</tr>
<tr>
<td>1100</td>
<td>Keynote Lecture 3: Gynaecology</td>
</tr>
<tr>
<td>1200</td>
<td>Lunch Symposium 3&lt;br&gt;Sponsored by: GlaxoSmithKline</td>
</tr>
</tbody>
</table>
### 29 August, Saturday (continued)

#### 1400

<table>
<thead>
<tr>
<th>Symposium 19: Pre-Term Delivery</th>
<th>Symposium 20: Urogynaecology</th>
<th>Nursing Symposium 1</th>
</tr>
</thead>
</table>
| Placental Pathology and Pre-Term Labour  
  Kenneth CHANG – Singapore | What Causes SUI and Why Do Our Operations Sometimes Fail  
  John DELANCEY – USA | Perinatal Mental Health – When Mind and Body Interact at the Beginning of Life  
  Helen CHEN – Singapore |
| Timing the Use of Corticosteroids in Threatened Pre-Term Labour  
  Lay Kok TAN - Singapore | Anatomy of the Pelvis and How it Influences Current Approaches to Urogynaecology and Pelvic Reconstructive Surgery  
  John DELANCEY - USA | The Efficacy of Vaginal Dilator with Douching Versus Dilator Alone in Preventing Radiation Therapy-Induced Vaginal Adhesion and Stenosis for Patients Undergoing Pelvic and Vaginal Radiation  
  Huang FANG – Singapore |
| Role of Cervical Cerclage in Preventing Pre-Term Delivery  
  Devendra KANAGALINGAM – Singapore | Overactive Bladder Syndrome – the Need for a Holistic Approach to Management  
  Arthur TSENG - Singapore | Risk Assessment, an Imperfect Science  
  Lydia SEOW - Singapore |
| Q & A | Ins and Outs of Hands-On Training of Porcine Anal Sphincter Repair in The Netherlands  
  Julien DONY - The Netherlands | Q & A |

#### 1530

| Tea Break |

#### 1600

<table>
<thead>
<tr>
<th>Symposium 21: Minimally Invasive Surgery 2</th>
<th>Symposium 22: General Gynaecology 2</th>
<th>Nursing Symposium 2</th>
</tr>
</thead>
</table>
| Endometriosis – The Challenge in Surgical Treatment, Recurrence and Avoidance of Surgical Castration  
  Anthony SIOW - Singapore | Women’s Mental Health and the Impact on the Patient-Gynaecologist Relationship  
  Gail Erlick ROBINSON - Canada | Holistic Care in Labouring Women  
  THILAGAMANGAI – Singapore |
| Fertility Sparing Surgery in Endometriosis and Malignancy  
  Charles KOH – USA | Hormone Replacement Therapy – Interpreting the WHI and Getting Back on Track  
  Su Ling YU - Singapore | Water Birth, a Choice for Labouring Women?  
  Germac SHEN - Singapore |
| Minimally-Invasive Surgery and Adhesions - A European  
  Rudy Leon DE WILDE - Germany | The Effectiveness and Risks of Liposuction: A Gynaecologist’s Experience  
  Alex OOI - Singapore | Translating Evidence into the Art of O&G Nursing  
  Serena KOH - Singapore |
| A Medico-Legal Odyssey – A Survivor Speaks  
  Jwan SWGH – Australia | New Biomarker for Stratification of Pelvic Mass Patient in a Gynaecology Setting | Q & A |
| Q & A | Q & A |

#### 1730

| End |
Pre Congress Workshops
For workshop details, please visit www.sicog2009.com

**Pre Congress Workshops**

<table>
<thead>
<tr>
<th>The 5th Anatomy of Complications Workshop</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Dates</strong> : 22 &amp; 23 August 2009, Saturday &amp; Sunday</td>
</tr>
<tr>
<td><strong>Venue</strong> : National University Hospital, Advanced Surgical Training Center (ASTC)</td>
</tr>
<tr>
<td><strong>Duration</strong> : 0800hrs – 1800hrs</td>
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<tr>
<td><strong>Course Fees</strong> : S$1500</td>
</tr>
<tr>
<td><strong>Course Directors</strong> : Ian HAMMOND - Australia, Paul MCMENAMIN - Australia, Jeffery LOW - Singapore</td>
</tr>
<tr>
<td><strong>Faculty</strong> : Arnold ADVINCULA - USA, Suan-Tiong BEH - Singapore, Bernard CHERN - Singapore, Yoke-Fai FONG - Singapore, Charles KOH - USA, Keen-Whye LEE - Singapore, Davide LOMANTO - Singapore, Joseph NG - Singapore, Shailesh PUNTABEKAR - India, Kai-Yin SEETHO - Singapore, Anthony SIOW - Singapore</td>
</tr>
<tr>
<td><strong>Course description</strong> The main objective of the workshop is to develop skills and improve surgical practice. This is an intensive practical surgical procedure workshop. Participants will acquire a new range of surgical solutions. The intention is not to teach gynaecologists how to perform bowel, urological or vascular surgery but to develop a better understanding of the surgical principles, approach and techniques relevant to bowel, urological and vascular repair. Please note that the workshop program is demanding. There will be 6 facilitators at each session and 12 participants. Participants will work in pairs and these ‘pairings’ are rotated at each session to allow for maximal interaction. The program has been structured in a graduated fashion starting with clinically relevant surgical anatomy, moving to surgical procedures and then further practice of procedures in the animal laboratory. The final session allows for a stimulating interaction between the participants and faculty that helps us all to understand how best to manage and avoid the complications which occur as part of our routine practice in obstetrics and gynaecology. For more information on the workshop, log on to <a href="http://www.obgyn.nus.edu.sg/ACW/index1.html">www.obgyn.nus.edu.sg/ACW/index1.html</a></td>
</tr>
</tbody>
</table>
| **Who should attend**  
1. O&G, Urology, General Surgery and Colorectal Trainees (Year 4 onwards)  
2. Obstetricians & Gynaecologists  
3. All pelvic surgeons looking to develop skills and improve surgical practice |
| *Limited to 12 participants only* |

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<table>
<thead>
<tr>
<th>Gynaecologic Robotic and Laparoscopy Workshops 1 &amp; 2</th>
</tr>
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<tbody>
<tr>
<td><strong>Dates</strong> : 25 &amp; 26 August 2009, Tuesday &amp; Wednesday</td>
</tr>
<tr>
<td><strong>Venue</strong> : National University Hospital, Advanced Surgical Training Center (ASTC)</td>
</tr>
<tr>
<td><strong>Duration</strong> : 0800hrs – 1700hrs</td>
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<tr>
<td><strong>Course Fees</strong> : S$250 (25 Aug 09, Lectures + Live Surgery) S$750 (25 &amp; 26 Aug 09, Lectures, Live Surgery &amp; Hands-on*)</td>
</tr>
<tr>
<td><strong>Course Directors</strong> : Yoke-Fai FONG - Singapore, Anthony SIOW - Singapore</td>
</tr>
<tr>
<td><strong>Faculty</strong> : Arnold ADVINCULA - USA, Suan-Tiong BEH - Singapore, Bernard CHERN - Singapore, Yoke-Fai FONG - Singapore, Charles KOH - USA, Keen-Whye LEE - Singapore, Davide LOMANTO - Singapore, Joseph NG - Singapore, Shailesh PUNTABEKAR - India, Kai-Yin SEETHO - Singapore, Anthony SIOW - Singapore</td>
</tr>
<tr>
<td><strong>Course description</strong> This is a two-day course offering the latest update in the rapidly evolving field of minimally invasive surgery in gynaecology. Robotic-assisted surgery is the latest technological advancement in this field and its rapid uptake leaves little doubt that this is the way forward for the future. The course aims to familiarise participants with the indications, setup, application and use of robotic surgery. At the same time, there is a need to maintain laparoscopic skills as it will still be the main form of minimally invasive surgery for many years to come. The course will focus on two common MIS procedures, namely hysterectomy and myomectomy. The course is suitable for clinicians with mid to advanced skill levels in MIS.</td>
</tr>
</tbody>
</table>
| **Course objectives**  
1) Introduce and familiarise participants with setup and use of robotic surgery  
2) Demonstrate the use of the Da Vinci robot for gynaecologic surgery  
3) Introduce use of new energy sources for laparoscopic surgery  
4) Familiarize participants with laparoscopic suturing techniques  
5) Avoidance of complications and complication management |
| **Who should attend** Specialists keen to improve advanced laparoscopic skills/learn about robotic surgery. |
| *Limited to 20 participants only* |
## Hands-On Sow Anal Sphincter Repair Workshop

**Dates:** 25 August 2009, Tuesday  
**Venue:** National University Hospital, O&G Department Conference Room (Basement) & StarLab  
**Duration:** 0830hrs - 1230hrs  
**Course Fees:** S$350  
**Course Directors:** Roy NG - Singapore, Arthur TSENG - Singapore  
**Faculty:** Julien DONY - The Netherlands, Roy NG - Singapore, Arthur TSENG - Singapore

### Course description
Anal sphincter trauma occurring during parturition is a distressing, yet relatively common problem facing all obstetricians and gynaecologists with a healthy obstetric load. The consequence of a poorly repaired anal sphincter is a cause for acute embarrassment to the patient, when she is unable to prevent the release of flatus. It is particularly distressing when the patient is unable to control liquid or solid faecal soiling. To the obstetrician, this represents a serious complication, with possible medicolegal implications.

The hands-on sphincter repair workshop aims to address the needs of the specialist who is keen to have first-hand knowledge and technical experience in restoring the damaged anal sphincter; allowing the best chance for an uneventful recovery from obstetric-related trauma, and optimizing the chances for anal sphincter continence.

### Who should attend
Specialists/trainees keen to undertake the surgical repair and restoration of the pelvic floor.

*Limited to 20 participants only*

## Stress Urinary Incontinence Surgical Workshop – Including Urodynamics & Painful Bladder Syndrome

**Dates:** 25 August 2009, Tuesday  
**Venue:** National University Hospital, O&G Conference Room (Level 6)  
**Duration:** 1400hrs - 1700hrs  
**Course Fees:** S$120  
**Course Directors:** Roy NG - Singapore, Arthur TSENG - Singapore  
**Faculty:** Christopher CHONG - Singapore, Hong Liang CHUA - Singapore, Lih Charm LEE - Singapore, James LEE - Singapore, Roy NG - Singapore, Poh Kok TAN - Singapore, William HAN - Singapore, Arthur TSENG - Singapore

### Course description
Stress Urinary Incontinence (SUI) is a common and distressing condition experienced by at least 10% of women; especially ladies who have previously delivered children per vaginally. This lecture series intends to impart to specialists interested in the investigative modalities used to diagnose SUI, the various traditional and modern methods of incontinence surgery; and the latest surgical improvements on existing surgical devices, and their success rates and complication rates. The last lecture is on Painful Bladder Syndrome (PBS), an uncommon, but difficult medical condition to diagnose and manage. The talk will discuss the various different investigative and treatment modalities urogynaecologists currently have up our sleeves. It will prove to be an interesting and eye-opening experience.

### Who should attend
Specialists/trainees/nurses who are keen to learn about the surgical and medical management of stress urinary incontinence.

## Understanding the Role of LH: Myths and Facts
*(Presented by Merck Serono)*

**Dates:** 26 August 2009, Wednesday  
**Venue:** Marina Mandarin Hotel Singapore  
**Duration:** 0900hrs - 1230hrs  
**Course Fees:** S$120  
**Course Directors:** Sheila LOH - Singapore  
**Faculty:** Anne CLARK - Australia, PC WONG - Singapore

### Course Objective
The aim of the workshop will be to understand the role of LH in follicular growth in the natural cycle and in ovulation induction as well as to define the situations and target groups of patients that will need LH supplementation during their ovulation induction.

### Who should attend
Clinicians and scientists involved in reproduction or in ovarian function will benefit from the symposium.
### Embryo Transfer Workshop: Optimising IVF Success Rates (Presented by Schering Plough)

**Course Objective**
The outcome of an ART cycle is highly dependant on various factors such as patients' profile, the performance of the laboratories, ovarian stimulation protocols and embryo transfers. This workshop aims to review and examine the various important factors and techniques pertaining to embryo transfers that can contribute to an improved outcome as desired. A panel discussion will follow to engage both delegates and speakers in the contentious issues surrounding this area.

**Who should attend**
Clinicians and embryologists in the field of Reproductive Medicine.

<table>
<thead>
<tr>
<th>Dates</th>
<th>26 August 2009, Wednesday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Venue</td>
<td>Marina Mandarin Hotel Singapore</td>
</tr>
<tr>
<td>Duration</td>
<td>1400hrs - 1700hrs</td>
</tr>
<tr>
<td>Course Fees</td>
<td>S$120</td>
</tr>
<tr>
<td>Course Directors:</td>
<td>Sheilia LOH - Singapore</td>
</tr>
</tbody>
</table>
| Faculty:       | Suresh KATTERA - Singapore  
                   Seong Feei LOH - Singapore  
                   Nick MACKLON - The Netherlands |

### Multiple Pregnancy Workshop

**Course Description**
This is a very comprehensive and advanced course on the clinical management of multiple pregnancies. It consists of a series of short lectures on a wide variety of current issues on this topic by top specialists in this field.

**Course Objectives**
The primary objective is to update clinicians with the current issues in the management of multiple pregnancies. The secondary objective is to allow clinicians to understand advanced and complex issues in this field.

**Who should attend**
Fetal Medicine Specialists, Fertility Specialists and General Obstetricians who look after multiple pregnancies, O & G Trainees and Nurses.

<table>
<thead>
<tr>
<th>Dates</th>
<th>26 August 2009, Wednesday</th>
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</thead>
<tbody>
<tr>
<td>Venue</td>
<td>Raffles Hospital, Learning Centre</td>
</tr>
<tr>
<td>Duration</td>
<td>0730hrs – 1700hrs</td>
</tr>
<tr>
<td>Course Fees</td>
<td>S$200</td>
</tr>
<tr>
<td>Course Directors:</td>
<td>Tony TAN - Singapore</td>
</tr>
</tbody>
</table>
| Faculty:       | Nicholas FISK - Australia  
                   T P BASKARAN - Malaysia  
                   Tony TAN - Singapore  
                   Seong Feei LOH - Singapore  
                   Veronica TOH - Singapore  
                   Clarice HONG - Singapore  
                   Kamdar NEHAL - Singapore |

### HPV Workshop

**Who should attend**
Practising colposcopists who wish to refresh their recognition and management skills. This will be an intensive one day workshop with video & still image recognition exercises, interactive case discussions and lectures on difficult management issues.

**Who should attend**
Practising colposcopists who wish to refresh their recognition and management skills. This will be an intensive one day workshop with video & still image recognition exercises, interactive case discussions and lectures on difficult management issues.

*Limited to 40 participants only*
### Aesthetics in Gynaecology Workshop

<table>
<thead>
<tr>
<th>Dates</th>
<th>30 August 2009, Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Venue</td>
<td>Marina Mandarin Hotel Singapore</td>
</tr>
<tr>
<td>Duration</td>
<td>0800hrs - 1300hrs</td>
</tr>
<tr>
<td>Course Fees</td>
<td>$120</td>
</tr>
</tbody>
</table>
| Course Directors       | Christopher NG - Singapore  
                         | Mahesh CHOOLANI - Singapore |
| Faculty                | Khek Kah CHEW - Singapore  
                         | Chee Leok GOH - Singapore  
                         | Kok Leong TAN - Singapore  
                         | Nicola ZERBINATI - Italy |
| **Course Description** | This is a comprehensive course dedicated to the teaching of aesthetic medical science as well as approved aesthetic techniques and procedures. It consists of a series of lectures pertinent to the practice of aesthetic medicine in gynaecological practice by top specialists in this field. |
| **Course Objectives**  | 1) The primary objective is to introduce and update gynaecologists on the current as well as the latest effective aesthetic treatments to enhance our patient's well being.  
                         2) The secondary objective is to allow clinicians to understand how to incorporate these procedures into their practice. |
| **Who should attend** | Obstetricians & Gynaecologists who are currently practicing and wish to improve on their aesthetic techniques or those who wish to introduce aesthetics services into their practice. |

### Second Trimester Obstetric Scan – Tips & Tricks

<table>
<thead>
<tr>
<th>Dates</th>
<th>30 August 2009, Sunday</th>
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</thead>
<tbody>
<tr>
<td>Venue</td>
<td>National University of Singapore, CRC Auditorium</td>
</tr>
</tbody>
</table>
| Duration               | 0800hrs - 1230hrs (Lectures Only)  
                         | 1330hrs - 1730hrs (Hands-on) |
| Course Fees            | $200 (Lectures only)  
                         | $400 (Lectures & Hands-on) |
| Course Directors       | Arijit BISWAS - Singapore  
                         | Mahesh CHOOLANI - Singapore |
| Faculty                | Arijit BISWAS - Singapore  
                         | Simon MEAGHER - Australia  
                         | Eng Kien TAN - Singapore  
                         | Yee Chee WONG - Singapore  
                         | George YEO - Singapore |
| **Course Description** | Obstetric practice has been revolutionised by the advancement of ultrasound techniques. Ultrasonography in the second trimester (18-22 weeks) remains the principle diagnostic tool in the prenatal detection of congenital abnormalities. It allows a complete assessment of the external and internal anatomy of the fetus and the detection of not only major defects but also of subtle markers of chromosomal abnormalities and genetic syndromes. All obstetricians and sonographers who perform obstetric ultrasound scans should be able to do an adequate and systematic survey of the fetus in the second trimester. This one-day course will have a morning session consisting of talks discussing the various aspects of a good second trimester scan. This will be followed by an afternoon session of demonstration and hands-on experience (for enrolled participants) of doing a proper second trimester scan. |
| **Course Objectives**  | The objective of the course is to update obstetric ultrasound practitioners on the proper methodology and techniques of a good systematic fetal anatomical survey. Hands-on session will give the participants a chance to improve on their existing skills. |
| **Who should attend** | The course is for all obstetricians and sonographers in practice who perform second trimester scans and also to those who are planning to start doing fetal anomaly scans.  
                         *Hands-on programme will be limited to 30 participants.* |
Registration

Please register online @ www.sicog2009.com

<table>
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<tr>
<th>Main Congress (From 16 May 2009)</th>
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<tbody>
<tr>
<td>OGSS Member</td>
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<tr>
<td>Non OGSS Member</td>
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<tr>
<td>Nurses &amp; Paramedical Staff</td>
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<tr>
<td>Gala Dinner</td>
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<tr>
<th>Pre Congress Workshops</th>
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<tbody>
<tr>
<td>The 5th Anatomy of Complications Workshop</td>
</tr>
<tr>
<td>Gynaecologic Robotic and Laparoscopy Workshops 1 &amp; 2</td>
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<td></td>
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<tr>
<td>Hands-On Sow Anal Sphincter Repair Workshop</td>
</tr>
<tr>
<td>Stress Urinary Incontinence Surgical Workshop - Including Urodynamics &amp; Painful Bladder Syndrome</td>
</tr>
<tr>
<td>Understanding the Role of LH: Myths and Facts</td>
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<tr>
<td>Embryo Transfer Workshop : Optimising IVF Success Rates</td>
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<tr>
<td>Multiple Pregnancy Workshop</td>
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<td>HPV Workshop</td>
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<tr>
<th>Post Congress Workshops</th>
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<tbody>
<tr>
<td>Aesthetics in Gynaecology Workshop</td>
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<tr>
<td>Second Trimester Obstetric Scan – Tips &amp; Tricks</td>
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</tr>
</tbody>
</table>

Note: Cancellations received in writing before 15 June 2009 will incur an administrative charge of S$100. Thereafter, no refunds will be offered. However, substitution of names is allowed without any penalty charge. Please contact registration@sicog2009.com to notify us of the substitution or cancellation. The organizer reserves the right to refuse publication of your abstract if full payment has not been made before 15 June 2009.

Abstract Submission

Please visit www.sicog2009.com to submit your abstract.

Deadline for Abstract Submissions : 15 May 2009
Notification of Acceptance of Abstract : 30 May 2009
Deadline for Authors to Register : 15 June 2009
Congress Information

Congress Venue / Accommodation
Marina Mandarin Singapore
6 Raffles Boulevard, Marina Square
Singapore 039594

Marina Mandarin Singapore is the official hotel of the Congress. Strategically located at Marina Bay, Marina Mandarin Singapore is directly opposite the Suntec Singapore International Convention and Exhibition Centre and is within walking distance to the shopping and entertainment hub in the bay area. The financial district, Changi International Airport and the Singapore Expo are all close by to the hotel.

Attractive congress rates are now offered to our delegates @ S$250++ (per room per night, excluding breakfast) for Deluxe Room. To reserve a room at Marina Mandarin Singapore, please register yourself at http://sicog2009.org/index.php?q=node/9 or contact the Registration Administrator via email at registration@sicog2009.com.

Other Accommodations
Please visit http://orient-explorer.com/7thInteCongress/ for information and assistance on other places of accommodation.

Congress Secretariat
C/o 12 Prince Edward Road, #04-12 Podium B, Bestway Building, Singapore 079212.
Tel: +65 3125 2071 / Fax: +65 6234 1089 / Email: info@sicog2009.com

Congress Website
www.sicog2009.com

Congress Organizer
Obstetrical and Gynaecological Society of Singapore
Unit 8K38, Women’s Tower Level 8, KK Women’s & Children’s Hospital, 100 Bukit Timah Road, Singapore 229899
Tel: (65) 62951383 / Fax: (65) 62991969 / Email: ogss@pacific.net.sg

Language
The official language of the Congress is English. There will be no simultaneous session translation.

Trade Exhibition
The Congress incorporates a trade exhibition. All participants are invited to view the exhibits.

Letter of Invitation
Upon request, the Organizing Committee will issue a letter of invitation. The sole purpose of the letter is to facilitate the delegate’s travel and visa arrangements. The invitation does not imply provision of financial or other support.

Liability
The Organizing Committee is not liable for personal accidents, loss or damage of private properties of registered participants during the Congress. Participants should make their own arrangements with respect to personal insurance.

Disclaimers
Whilst every attempt will be made to ensure that all aspects of the congress mentioned in this announcement will take place as scheduled, the Organizing Committee reserves the prerogative to make last minute changes should the need arise.

Tours & Sight Seeing
Various local sight seeing tours are available. For more information and booking, please visit http://orient-explorer.com/7thInteCongress/tours2.html.
Uniquely Singapore

"Unique is the word that best captures Singapore, a dynamic city rich in contrast and colour where you’ll find a harmonious blend of culture, cuisine, arts and architecture. A bridge between the East and the West for centuries, Singapore, located in the heart of fascinating Southeast Asia, continues to embrace tradition and modernity today. Brimming with unbridled energy and bursting with exciting events, the city offers countless unique, memorable experiences waiting to be discovered. Singapore is truly a city like no other, a world of possibilities. With its friendly and welcoming people, state-of-the-art infrastructure and something new happening everyday, your stay will be a memorable mix-and-match of all the things you have always wanted to do. Come and enjoy countless fascinating experiences, and take away memories that are uniquely Singapore."

For exciting Singapore updates, please visit the Singapore Tourism Board website at www.stb.gov.sg

Population & Religion
Singapore’s population of almost four million comprises 77% Chinese, 14% Malays, 8% Indians and 1% Eurasians and people of other descent. With its ethnic mix also comes its diverse set of religions. Singapore’s skyline boasts the distinctive minarets of mosques, spires of gothic cathedrals, intricate figurines of Hindu temple gods and distinctive roof architecture of Chinese temples. The main religions are Islam, Taoism, Buddhism, Christianity, Hinduism, Sikhism and Judaism.

Language
There are four official languages in Singapore: English, Mandarin, Malay and Tamil. English is the language of business and administration, and is widely spoken and understood. Most Singaporeans are bilingual, and speak their mother tongue (dialects) as well as English. Malay is the national language.

Weather
The island is warm and humid all year round, with only slight variations between the average maximum of 32°C and minimum of 23°C. Showers are usually sudden and heavy, but also brief and refreshing. Singapore’s tropical weather makes light summer clothing (preferably of natural fabrics) most practical, especially for outdoor activities like sightseeing. Average temperature in August, is between 26 – 32°C. Most indoor facilities are fitted with air-conditioning; a light jacket for gentlemen or shawl for ladies is recommended.

Time Zone
Singapore is 8 hours ahead of Greenwich Mean Time (GMT).
Uniquely Singapore

Electricity
Singapore voltage is 220-240 volts AC. On request, most hotels will provide transformers / adapters to guests.

Water
Singapore water is clean and safe to drink from the tap. Bottled and mineral water are readily available in supermarkets or convenience stores located readily around the island.

Currency
The local currency is Singapore dollar and cents (SGD).

Credit Cards
Major credit cards are widely accepted in Singapore. Hotels, retailers, restaurants, travel agents and even some taxi services readily accept international credit cards – VISA, MasterCard, American Express, Diners etc.
For more information, you can contact the local office of the credit card operators at the following numbers:
AMEX: 1800 732 2566 / +65 6732 2566
DINERS: +65 6294 4222
MASTER: +65 6533 2888
VISA: 800-110-0344

Transport
Travelling around Singapore is a cinch; an efficient public transportation network of taxis, buses and the modern Mass Rapid Transit (MRT) rail system ensures that getting from point A to point B is hassle-free and extremely affordable.

International Calls & Mobile Communication
The international country code for Singapore is +65. There are two mobile phone networks – GSM 900 and GSM 1800. To make international calls from Singapore, dial 001.

Immigration & Customs
All travelers are required to go through immigration clearance on arrival into Singapore.
The granting of social visit passes to visitors is determined by the Immigration & Checkpoints Authority (ICA) officers at the point of entry. Visitors must satisfy the following basic entry requirements before they are allowed to enter Singapore:
- A passport with at least 6 months validity;
- Valid Singapore visa, if applicable;
- Sufficient funds to last for the intended period of stay in Singapore;
- Confirmed onward/return tickets (where applicable); and
- Entry facilities to their onward destinations, e.g. visas

Visa Requirements
For more information on visa requirements, please visit the Singapore Immigration and Checkpoint Authority website at http://ica.gov.sg.
The Obstetrical & Gynecological (O & G) Society of Singapore (OGSS) was formed to provide a focal point for doctors who were interested in practising obstetrics and gynaecology to meet on a regular basis at the Kandang Kerbau Hospital, which was then the largest maternity hospital in the world.

Common interest led to the registration of the Obstetrical and Gynaecological Society as a section within the Singapore Medical Association on 7 September 1960. On 27 July 1972, the Constitution of the society was registered and the society became an independent autonomous body. The Inaugural Meeting of the new society was held on 3 September 1972 and Professor S S Ratnam became the first President of the new society and 41 members present constituted the Founder Members of the new society.

During the sixties, when there were relatively few obstetricians and gynaecologists, the Society’s membership was open to general practitioners as well. Some of them have played an important role in building up the Society. With the rapid increase in the number of obstetricians and gynaecologists in Singapore during the last twenty years, the Society’s membership swelled with the influx of specialists who now run the Society. At present, the Society has 310 members, both from the 2 health group clusters and from the private hospitals. The Society serves as a focal point for social, clinical and academic networking for obstetricians and gynaecologists in Singapore.

The O & G Society of Singapore is an independent Society with affiliation to the International Federation of Gynaecology and Obstetrics (FIGO), the Asia-Oceania Federation of Obstetrics and Gynaecology, and the International Federation of Fertility Societies.

Apart from organising congresses, the O & G Society of Singapore holds workshops, seminars, courses and regular meetings which invariably feature both local and foreign expertise. The Society has two prestigious lectures: (1) the O & G Society Oration held annually and (2) the Benjamin Henry Sheares’ Memorial Lecture for outstanding work in the field of obstetrics and gynaecology.

The Society publishes the Singapore Journal of Obstetrics and Gynaecology continuously since 1970. Prior to this, its publication was known as the Proceedings of the Obstetrical and Gynaecological Society of Singapore. The Journal has three issues per year and receives papers from all over the world.

The objectives of the Society are:-
1) to promote and maintain a high standard in Obstetrics and Gynaecology in Singapore;
2) to foster a sense of professional ethics;
3) to encourage study and research into problems related to and connected with the health of women, the foetus and new-born child;
4) to hold meetings for scientific discussions and practical demonstrations that are consistent with the objects of the Society;
5) to publish papers and other literature related to Obstetrics and Gynaecology and allied subjects;
6) to promote co-operation with Organisations relevant to the Society, the Government and Institutions of higher learning in the Republic; and
7) to be affiliated with international organisations concerned with Obstetrics and Gynaecology as long as such affiliation is consistent with the objectives of the Society.